



It's Time to Enroll  
Get to know Your  
VSP Vision Benefits

County of San Mateo

Effective 1/1/2025



# Great Eye Care with a Hefty Side of Savings

Vision Care  
is Essential



Savings that  
Really Stack Up



Thousands of  
In-Network  
Choices



Founded by  
Doctors  
Focused on You



# Vision Care is Essential

Did you know  
an eye exam  
is the only  
non-invasive  
way to view  
blood vessels  
in your body?

Signs of  
more than  
270 health  
conditions can  
be detected  
during an  
eye exam\*

Your eye  
doctor can be  
the first to  
detect certain  
conditions, like  
diabetes\*

heart disease + **stroke** +  
cardiovascular + Alzheimer's  
+ hypertension + aneurysm +  
**diabetes** + **brain tumor**  
+ high blood pressure +  
cancers of blood, tissue, skin  
+ **high cholesterol** + Lyme  
disease + multiple sclerosis +  
lupus + sickle cell disease +  
stroke + **thyroid disease**  
+ vascular disease + brain  
tumor + melanoma + squamous  
cell + **Lymphoma** +  
**leukemia** + rheumatoid  
arthritis + giant cell arteritis  
+ **medication toxicities** +  
myasthenia gravis + sarcoidosis  
+ sjögren's syndrome +  
**vitamin a deficiency**

270+

# Your Plan Design Today

	Frequency (E/L/F)	Copays	Frame Allowance	Contact Lenses	Covered Lens Enhancements	Essential Medical Eye Care
<b>Base/Core Plan: Signature Plan</b>	12/12/24	\$10 Exam Copay \$10 Materials Copay \$60 ECL	\$150 \$80 @Costco/Walmart/Sam's	\$150	Polycarbonates for Kids Standard Progressives	\$20
<b>Buy-Up Plan: Signature Plan*</b>	12/12/12	\$10 Exam Copay \$10 Materials Copay \$60 ECL	\$200 \$110 @Costco/Walmart/Sam's	\$200	Polycarbonates for Kids Standard Progressives UV Protection Anti-Reflective Coating (\$35 Copay)	\$20

\*Includes KidsCare: Additional lenses for children are fully covered when needed

\*Includes LightCare: \$200 allowance for ready made non-prescription sunglasses or blue light filtering glasses instead of prescription glasses or contacts

County of San Mateo also offers your non benefits eligible Employees VSP's EveryEye Program which allows for an annual WellVision Exam for just a \$20 copay along with discounts for lenses, frames or contacts when members go to a network provider.

VSP® members save an average annual savings of \$471\*





# VSP KidsCare Plan

- Two comprehensive eye exams and glasses annually
- A second set of lenses annually when there is a prescription change<sup>1</sup>
- \$10 exam copay
- VSP LightCare™
- Vision therapy

up to  
**75%**

of school screenings  
miss vision problems<sup>2</sup>





# Retinal Screening

Digital imaging is key to early detection and intervention

- Images of the inside of the eye
- Baseline documentation of a healthy eye
- Screen for potential disease(s)
- Can be compared year after year to monitor even the most subtle changes in the eyes
- No more than **\$39** copay
- **\$0** copay for members with diabetes

# Essential Medical Eye Care

- Fully covered retinal screening for members with diabetes.
- Exams and services to treat immediate issues like pink eye and sudden changes in vision.
- Treatment options to monitor ongoing conditions such as dry eye, diabetic eye disease, glaucoma, and more.
- \$20 per exam for additional exams and services.



*“My husband burned his eyes welding, and without this benefit we would have had to pay out of pocket or waited days to get prior authorization from his health insurance.”*





# Savings Beyond Benefits

**50%** ▶ Save 50% on additional pairs of glasses and sunglasses at Visionworks®

**\$250** ▶ Average savings at Eyeconic®, plus free shipping and returns

**Plus, VSP members get access to Exclusive Member Extras**

**\$20** ▶ Extra \$20 on Featured Frame Brands

**60%** ▶ Save up to 60% on hearing aids with TruHearing®\*

**\$300** ▶ Get up to \$300 in contact lens rebates

Offers vary based on state and benefit plan. Brands and offers subject to change.

\*VSP is providing information to its members but does not offer or provide any discount hearing program. VSP makes no endorsement, representations or warranties regarding any products or services offered by TruHearing, a third-party vendor. TruHearing is not insurance and not subject to state insurance regulations. For additional information, please visit [vsp.com/offers/special-offers/hearing-aids/truhearing](https://vsp.com/offers/special-offers/hearing-aids/truhearing). For questions, contact TruHearing directly. Not available directly from VSP in the states of Washington and California.





# The Choice is Yours

It's easy to choose the care that's right for you.



Private Practice  
locations



Retail  
locations



Online at  
Eyeconic®

Your benefits go further  
when you visit a  
**VSP Premier Edge™**  
location, including  
**private practice doctors**  
and **Visionworks®!**



Get more  
at preferred  
in-network  
doctor locations

Participating  
Retail Chains  
like these –  
and more



private  
practice  
doctors

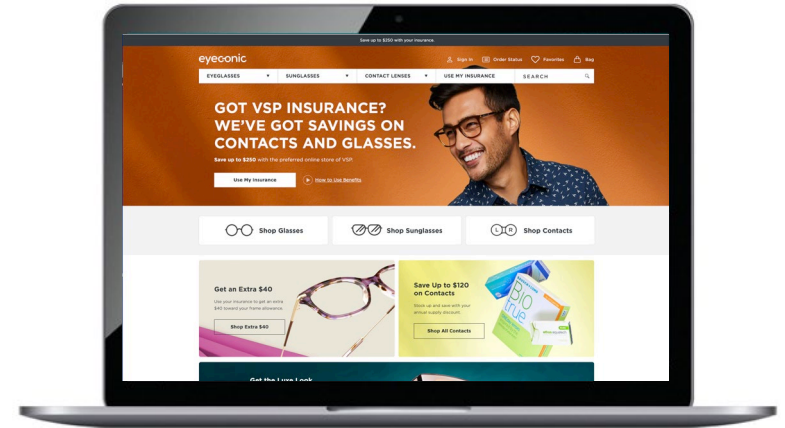
**Visionworks**

# Eyewear Shopping Online at Eyeconic

*Eyeconic is the VSP online eyewear store that seamlessly connects your VSP vision benefits to your account. You'll get:*

- A huge selection of contact lenses and designer frames 24/7 – and the Virtual Try-On Tool.
- Free shipping and returns.
- 20% off any out-of-pocket expenses on eyewear after your frame allowance is applied.
- Specialty sizes that fit your needs.

Find your product, customize your order and we do the rest. Start saving today at **eyeconic.com**® today.



**eyeconic**

a vsp vision company

# The Right Doctor for You

Using the Find a Doctor tool on [vsp.com](https://vsp.com) is easy

Visit [vsp.com/eye-doctor](https://vsp.com/eye-doctor)  
(or navigate from [vsp.com](https://vsp.com) home page)

Enter the preferences that are meaningful to you like:

- Location
- Gender
- Language
- Frame brands
- Specialty
- Services
- Hours & Scheduling

The screenshot shows the 'Find an Eye Doctor' search tool on the VSP website. The interface includes a navigation bar with 'FIND A DOCTOR' highlighted, and a search form with the following elements:

- SEARCH FILTERS:** Doctor Network Choice, Type of Doctor, Products, Services, Frame Brands, Hours & Scheduling, Gender, Language.
- Distance (in miles):** A sliding bar with markers at 5, 10, 25, 50, and 100 miles.
- Buttons:** 'Apply Filters', 'CLEAR FILTERS', and 'HIDE ADVANCED SEARCH'.

A sliding distance bar makes finding a match nearby easy. You can even opt to view locations on a map.

# Using Your Benefit is Easy

## Once you've enrolled...

1. Create an account at **vsp.com** and review your personalized benefit information.
2. Find a VSP in-network doctor by visiting **vsp.com** or calling **800.877.7195**.
3. Simply tell your eye doctor's office that you have VSP—and we'll take care of the rest!





# Enroll Today!

VSP helps you see well and be well with the coverage and quality care you deserve.

Visit [vsp.com](https://vsp.com) or call **800.877.7195**.

